Giovanni Boccaccio (1313-1375) was a friend of Petrarch, the “Father of Humanism,” and a very important Renaissance humanist in his own right. When Boccaccio was in his mid-thirties, the Black Death arrived in Florence. Boccaccio witnessed the devastation, which included the deaths of more than half the city’s inhabitants. Shortly thereafter, Boccaccio enlisted the plague as the backdrop for what would become his literary masterpiece, The Decameron. In the introduction to The Decameron, Boccaccio gives a chilling portrayal of the plague’s intensity. The following excerpt contains most of this disturbing, though factual, account.

An Account of the Black Death from The Decameron
(The Decameron by Giovanni Boccaccio, translated by Mark Musa and Peter Bondanella, with an introduction by Thomas Bergin, New American Library, 1982, pages 6-12.)

Let me say, then, that thirteen hundred and forty-eight years had already passed after the fruitful Incarnation of the Son of God when into the distinguished city of Florence, more noble than any other Italian city, there came a deadly pestilence. Either because of the influence of heavenly bodies or because of God’s just wrath as a punishment to mortals for our wicked deeds, the pestilence, originating some years earlier in the East, killed an infinite number of people as it spread relentlessly from one place to another until finally it had stretched its miserable length all over the West. And against this pestilence no human wisdom or foresight was of any avail; quantities of filth were removed from the city by officials charged with the task; the entry of any sick person into the city was prohibited; and many directives were issued concerning the maintenance of good health. Nor were the humble supplications rendered not once but many times by the pious to God, through public processions or by other means, in any way efficacious; for almost at the beginning of springtime of the year in question the plague began to show its sorrowful effects in an extraordinary manner. It did not assume the form it had in the East, where bleeding from the nose was a manifest sign of inevitable death, but rather it showed its first signs in men and women alike by means of swellings either in the groin or under the armpits, some of which grew to the size of an ordinary apple and others to the size of an egg (more or less), and the people called them “gavoccioli” [“buboni” in modern Italian and “buboes” in modern English—hence the modern term, “bubonic plague”]. And from the two parts of the body already mentioned, in very little time, the said deadly gavoccioli began to spread indiscriminately over every part of the body; then, after this, the symptoms of the illness changed to black or livid [bluish-gray] spots appearing on the arms and thighs, and on every part of the body—sometimes there were large ones and other times a number of little ones scattered all around. And just as the gavoccioli were originally, and still are, a very definite indication of impending death, in like manner these spots came to mean the same thing for whoever contracted them. Neither a doctor’s advice nor the strength of medicine could do anything to cure this illness; on the contrary, either the nature of the illness was such that it afforded no cure, or else the doctors were so ignorant that they did not recognize its cause and, as a result, could not prescribe the proper remedy (in fact, the number of doctors, other than the well-trained, was increased by a large number of men and women who had never had any medical training); at any rate, few of the sick were ever cured, and almost all died after the third day of the appearance of the previously described
symptoms (some sooner, others later), and most of them died without fever or any other side effects.

This pestilence was so powerful that it was transmitted to the healthy by contact with the sick, the way a fire close to dry or oily things will set them aflame. And the evil of the plague went even further: not only did talking to or being around the sick bring infection and a common death, but also touching the clothes of the sick or anything touched or used by them seemed to communicate this very disease to the person involved. What I am about to say is incredible to hear, and if I and others had not witnessed it with our own eyes, I should not dare believe it (let alone write about it), no matter how trustworthy a person I might have heard it from. Let me say, then, that the plague described here was of such virulence in spreading from one person to another that not only did it pass from one man to the next, but, what’s more, it was often transmitted from the garments of a sick or dead man to animals that not only became contaminated by the disease but also died within a brief period of time. My own eyes, as I said earlier, were witness to such a thing one day: when the rags of a poor man who died of this disease were thrown into the public street, two pigs came upon them, and, as they were wont to do, first with their snouts and then with their teeth they took the rags and shook them around; and within a short time, after a number of convulsions, both pigs fell dead upon the ill-fated rags, as if they had been poisoned. From these and many similar or worse occurrences there came about such fear and such fantastic notions among those who remained alive that almost all of them took a very cruel attitude in the matter; that is, they completely avoided the sick and their possessions, and in so doing, each one believed that he was protecting his own good health.

There were some people who thought that living moderately and avoiding any excess might help a great deal in resisting this disease, and so they gathered in small groups and lived entirely apart from everyone else. They shut themselves up in those houses where there were no sick people and where one could live well by eating the most delicate of foods and drinking the finest of wines (doing so always in moderation), allowing no one to speak about or listen to anything said about the sick and the dead outside: these people lived, entertaining themselves with music and other pleasures that they could arrange. Others thought the opposite: they believed that drinking excessively, enjoying life, going about singing and celebrating, satisfying in every way the appetites as best one could, laughing, and making light of everything that happened was the best medicine for such a disease; so they practiced to the fullest what they believed by going from one tavern to another all day and night, drinking to excess; and they would often make merry in private homes, doing everything that pleased or amused them the most. This they were able to do easily, for everyone felt he was doomed to die and, as a result, abandoned his property, so that most of the houses had become common property, and any stranger who came upon them used them as if he were their rightful owner. In addition to this bestial behavior, they always managed to avoid the sick as best they could. And in this great affliction and misery of our city the revered authority of the laws, both divine and human, had fallen and almost completely disappeared, for, like other men, the ministers and executors of the laws were either dead or sick or so short of help that it was impossible for them to fulfill their duties; as a result, everybody was free to do as he pleased.
Many others adopted a middle course between the two attitudes just described: neither did they restrict their food or drink so much as the first group nor did they fall into such dissoluteness and drunkenness as the second; rather, they satisfied their appetites to a moderate degree. They did not shut themselves up, but went around carrying in their hands flowers, or sweet-smelling herbs, or various kinds of spices; and they would often put these things to their noses, believing that such smells were a wonderful means of purifying the brain, for all the air seemed infected with the stench of dead bodies, sickness, and medicines.

Others were of a crueler opinion (though it was, perhaps, a safer one): they maintained that there was no better medicine against the plague than to flee from it; convinced of this reasoning and caring only about themselves, men and women in great numbers abandoned their city, their houses, their farms, their relatives, and their possessions and sought other places, going at least as far away as the Florentine countryside—as if the wrath of God could not pursue them with this pestilence wherever they went but would only strike those it found within the walls of the city! Or perhaps they thought that Florence’s last hour had come and that no one in the city would remain alive.

And not all those who adopted these diverse opinions died, nor did they all escape with their lives; on the contrary, many of those who thought this way were falling sick everywhere, and since they had given, when they were healthy, the bad example of avoiding the sick, they in turn were abandoned and left to languish away without any care. The fact was that one citizen avoided another, that almost no one cared for his neighbor, and that relatives rarely or hardly ever visited each other—they stayed far apart. This disaster had struck such fear into the hearts of men and women that brother abandoned brother, uncle abandoned nephew, sister left brother, and very often wife abandoned husband, and—even worse, almost unbelievable—fathers and mothers neglected to tend and care for their children as if they were not their own.

...The plight of the lower class and, perhaps, a large part of the middle class was even more pathetic: most of them stayed in their homes or neighborhoods either because of their poverty or because of their hopes for remaining safe, and every day they fell sick by the thousands; and not having servants or attendants of any kind, they almost always died. Many ended their lives in the public streets, during the day or at night, while many others who died in their homes were discovered dead by their neighbors only by the smell of their decomposing bodies. The city was full of corpses. The dead were usually given the same treatment by their neighbors, who were moved more by the fear that the decomposing corpses would contaminate them than by any charity they might have felt toward the deceased; either by themselves or with the assistance of porters (when they were available), they would drag the corpse out of the home and place it in front of the doorstep, where, usually in the morning, quantities of dead bodies could be seen by any passerby; then they were laid out on biers, or for lack of biers, on a plank. Nor did a bier carry only one corpse; sometimes it was used for two or three at a time. More than once, a single bier would serve for a wife and husband, two or three brothers, a father or son, or other relatives, all at the same time. Any very often it happened that two priests, each with a cross, would be on their way to bury someone, when porters carrying three or four biers
would just follow along behind them; and whereas these priests thought they just had one dead man to bury, they had, in fact, six or eight and sometimes more. Moreover, the dead were honored with no tears or candles or funeral mourners; in fact, things had reached such a point that the people who died were cared for as we care for goats today...

So many corpses would arrive in front of a church every day and at every hour that the amount of holy ground for burials was certainly insufficient for the ancient custom of giving each body its individual place; when all the graves were full, huge trenches were dug in all of the cemeteries of the churches and into them the new arrivals were dumped by the hundreds; and they were packed in there with dirt, one on top of another, like a ship's cargo, until the trench was filled.

...what more can one say except that so great was the cruelty of Heaven, and, perhaps, also that of man, that from March to July of the same year, between the fury of the pestiferous sickness and the fact that many of the sick were badly treated or abandoned in need because of the fear that the healthy had, more than one hundred thousand human beings are believed to have lost their lives for certain inside the walls of the city of Florence—whereas before the deadly plague, one would not even have estimated there were actually that many people dwelling in the city.

Oh, how many great palaces, beautiful homes, and noble dwellings, once filled with families, gentlemen, and ladies, were now emptied, down to the last servant! How many notable families, vast domains, and famous fortunes remained without legitimate heir! How many valiant men, beautiful women, and charming young boys, who might have been pronounced very healthy, ate breakfast in the morning with their relatives, companions, and friends and then in the evening dined with their ancestors in the other world!